

Pre-Season Races: UPDATED 06-22-10

Date	Race	Sponsor	Location
3/06/10	Stew Kalama Memorial	Kai Oni	Keehi Lagoon
4/10/10	Puuloa OCC Iron Race	Puuloa OCC	Keehi Lagoon
4/17/10	Kahiau Ironman Race	Keahiakahoe	Keehi Lagoon
4/25/10	Kala Kukea Race	Hui Nalu	Maunalua Bay <u>download info and registration form</u>
5/08/10	Kala'iomalulani Race	Keahiakahoe	Kailua/Kaneohe/Kahaluu Kailua Beach Park
5/15/10	George Perry Keiki	Lanikai	<u>download info and registration form</u>
5/23/10	Great Kamaha'o Relay Race	Kamaha'o	Iroquois Point
Regatta Season Races: UPDATED 04-20-10			
Date	Race	Sponsor	Location
6/06/10	Clement D. Pa'aina Regatta	Healani CC	Keehi Lagoon
6/13/10	King Kamehameha Regatta	Kailua CC	Kailua Beach Park
6/20/10	Leeward Kai Father's Day	Leeward Kai CC	Nanakuli Beach Park
6/27/10	Waimanalo Canoe Club	Waimanalo CC	Waimanalo Beach
7/04/10	Walter J. MacFarlane Regatta (no points awarded)	Outrigger CC	Waikiki Beach
7/18/10	John D. Kaupiko Regatta	Hui Nalu CC	Keehi Lagoon
7/25/10	O.H.C.R.A. Championships	OHCRA	Keehi Lagoon
8/07/10	STATE CHAMPIONSHIPS	HCRA	Keehi Lagoon (Molokai Host)

Long Distance Races: TENTATIVE ONLY!!

Date	Race	Sponsor	Location
8/08/10	Kaena Challenge	Makaha CC	Sunset Beach Park to Makaha Beach
8/15/10	Duke Kahanamoku Race	Lanikai CC	Kailua Beach Park to Hilton Pier
8/22/10	Kailua Bay Iron Men	Kailua CC	Kailua Beach Park
8/22/10	Dad's Center Race (Women)	Outrigger CC	Kailua Beach Park to Outrigger CC
9/12/10	E Lau Hoe (Women)	OHCRA	Maunalua Bay to Nanakuli Beach Park
9/19/10	Henry Ayau Memorial Race (Men)	Hui Lanakila CC	Maunalua Bay to Nanakuli Beach Park
10/10/10	<u>MOLOKA'I HOE</u>	OHCRA	MOLOKA'I to OAHU
OTHER - (Non-Sanctioned)			
Date	Race	Sponsor	Location
9/26/10	NA WAHINE O KE KAI	NA WAHINE	MOLOKAI – OAHU